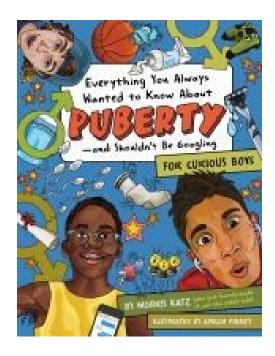


EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT PUBERTY- AND SHOULDN'T BE GOOGLING



Summary of Concerns:

This book contains sexual activities; sexual nudity; sexuality; and alternate gender ideologies

Iuvenile

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Page	Content
7	Countless surprise erections.
9	and it definitely doesn't mean that my heterosexual, cis male, traditional family, urban childhood is the standard, or better than anyone else's experience. (In fact, if you met my eighth grade girlfriend, you'd probably say it's worse.) The facts and information in the book should be useful to everyone, regardless of who you like, how you identify, or the color of your skin. I refer to "boys" and "girls" throughout the book because that's generally how I speak, though I recognize that gender identity takes on many names and forms and pronouns and I mean no offense and hope to be inclusive.
21	The illustration on this page depicts a boy whom is sweating profusely, staring at a woman's breasts at his eye-level. The woman is saying, "My eyes are up here."
26	The illustrations on this page depict two boys holding the waistband of their pants away from their bodies, looking into their pants. One of the boys in the illustration his saying, "Whoait's gotten so big". The other boy in the illustration is saying, "And there's HAIR!"
27	The illustration on this page depicts an outline of a penis and scrotum with the labels: testicles, scrotum, glans, and shaft.
46	One of the big, internal changes you'll notice is the development of sexual feelings. You go from "OMG, girls have cooties: to "OMG, girls have boobies" in a hurryonce your body starts producing sperm, you'll also start having sexual thoughts. The development of these feelings means that you'll start feeling attracted to people and having sexual desires.
48	Sexuality: THE CONTINUUM Along with the development of sexual feelings, come feelings of sexual preferences. This is the time when you start to figure out whether you prefer girls, boy, both, or neither. And just to be clear, boys can like girls, boys can like other boys, and boys can like girls and boys. Some boys prefer one gender but are open to both. Some boys don't have any sexual feelings at all during their teens.
49	I have gay friends who grew up in New York City and felt completely comfortable about their sexuality as early as middle school. And I have friends who grew up in more conservative areas and didn't come out until collegenot everybody feels at home in their body or identifies with the gender they are assigned at birth. Some people don't identify as a boy or girl, but something in between, something non-binary. People who don't identify with their gender assigned at birth are called trans.
50	One of the reasons for my embarrassment was that I didn't understand why my penis kept getting hardTurns out, my dirty little brain (just kidding, my totally normal, healthy brain) was thinking sexual thoughts.



Page	Content
	The illustration on this page depicts a bulge in the crotch of a pair of jeans. The text at the top of the page reads: Erections Here, Erections There, Erections EVERYWHERE!
	The illustration on this page depicts a young man looking at a piece of paper that has dotted outline of breasts on it. The young man is thinking, "I think I might be in love with you"
	I'll never forget little sixth grade me, helpless to the hormones raging throughout my gangly body, riding on the bus thinking about Princess Leia, or sitting in math class and getting excited by the curviness of certain circular numbers. Sound familiar? Suddenly you have to squirm in your seat, cross your legs, or put your backpack on your lap to hide your unwelcome and uninvited boner.
	The Magic of MASTURBATION One of the new routines you will likely develop once you start to have sexual feelings is masturbationMasturbation is when you stimulate sex with your hand on your penis. Like anything else, people develop their own specific preferences and variations, and that's for you to come up withA "HANDY" MASTURBATION GLOSSARY ORGASM When you reach a sexual climax and ejaculate. EJACULATION When semen comes out of your penis. SEMEN The sticky liquid that comes out of your penis when you orgasm (and ejaculate). Semen carries your sperm in it.
	Also, just so you guys know (and in case you've heard one of these other terms used), masturbation is called many wonderfully creative things such as jerking off, wanking off, wanking, jerkin' it, and rubbin' one out. I know people who masturbated as often as possible in fifth grade, and I know people who didn't masturbate until they were in college. The fifth grade master of his domain and the college jerker-offer are both good, cool, normal guys!
	The illustration on this page depicts a young man sitting up in his bed with his lower body covered and a hand under the covers. The text coming from the door says, "Honey, can I come in?" and the text coming from the young man says, "NO!!" Around the top portion of the page, "Jerking off," "wanking it," "wanking off," "Jerkin' it," "RUBBIN' ONE OUT," are written in different colors.
54	WET Dreamsit's because semen came out of your penis like a big, BIG man!
	The illustration on this page depicts sperm within a puddle. Some of the sperm have angry expressions. The text on this page reads: "When I asked what you were going to do with us, this is not what I had in mind."
59	Imagine a happy place (just not too happy or you might get a boner),Make a list of three things (other than masturbating) that make you happy.





Page	Content
72	I MASTURBATE TOO MUCH?
	Take it from me, you can masturbate A LOT without it being too much.
96	Sometimes that means not spreading out your legs when you're sitting in a public
	space.
97	Be a feminist.
98	TOXIC Masculinity
	Toxic masculinity is a newish phrase that describes certain cultural norms and
	expectations for boys and men- to be strong, unemotional, aggressive, macho,
	and even violent.
109	So I decided to borrow some advice from my man-crush and absolute favorite
	person ever, President Obama. (When I have kids, I want to name one of them Barack.)
	So be alive to one another's struggles. Stand up for one another's rights. Leave
	behind all the old ways of thinking that divide us- sexism, racial prejudice, status,
	greed- and set the world on a different path."
	You've been gifted with a voice. How are you going to use that gift?